



Freshly Baked from our Oven

Large Homemade Fruit Scones including Brown Spelt Options

with Jam & Butter €1.50

Large Croissant or pain Chocolate €1.20

Large Triple Belgian Chocolate Cookie €1.00

Homemade large Sausage Roll €1.50

Light Snacks

Selection of Fresh Fruit 80c each

Selection of Cereals with Milk €2

Fresh Fruit , Yoghurt & Granola Pots €2.50

Fresh Fruit Salad Pots €2

Water Melon Wedges €1.00

Sandwiches & Salads

Large Salad Bowl €3.50

Chopped Salad Snack Pot €3.00

Ham & Cheese Roll/Sandwich €2.50

Chicken & Stuffing Roll/Sandwich €2.50

Hot Sandwiches

Large Breaded Chicken Roll , Spicy or Plain €3.00

Ham & Cheese Toasted Panini €2.50

Chicken & Pesto Panini €2.50

Chicken or Beef Burrito €3.00

Bacon Bap €2.50



Hot Food

Homemade Soup with Roll or Brown Bread & Butter €2.50

Lunch Pots (choice of 2 on each day) examples below

Chicken Curry & Rice, Chicken Stir Fry & Rice, Massaman Chicken Curry & Rice, Chicken Korma. Beef Chilli & Rice, Pasta Bolognaise, Beef Stew & Mash Potato, Beef Lasagna, Cottage Pie, Stuffed Baked Potato.

Vegetarian & Vegan Options (choice of 1 on each day)

Kerala Potato & Coconut Curry & Rice

Mediterranean Vegetables & Pasta

Punjabi Roasted Veg & Chick Pea Curry

Treats

Homemade Gluten Free Chocolate Brownies €2.00

Large Chocolate /Blueberry Muffins €2

Selection of Chocolate Bars €1.00

O'Donnell Crisps €1.20

Tayto Crisps €1.00

Hot & Cold Drinks

Water, Sugar Free Mineral Cans €1.00

Vit Hit €2.00

Milk & Flavoured Milks €1.00

Lucozade Zero €1.20

Instant Coffee or Barry's Tea €1.00